



SBSM Maintenance Policy

Sound Body Sound Mind will fund up to \$500.00 for equipment maintenance (\$800.00 for treadmill schools). Receiving funding for maintenance is contingent upon compliance with the SBSM priorities outlined below.

If a fitness center requires maintenance with costs greater than \$500.00 Sound Body Sound Mind will evaluate the school on a case-by-case basis. Under these circumstances, each school will be responsible for providing a portion of the cost for the equipment maintenance.

In order to receive SBSM funding for equipment maintenance each school must:

1. Complete pre and post FitnessGram testing twice a semester for students in SBSM classes and send scores to SBSM personnel.
2. Offer at least two fitness classes in the PE department.
3. Play an active role in the program by attending workshops, responding to emails & inquiries from SBSM, and informing SBSM of problems with Fitness Center.
4. Send a representative to the Sound Body Sound Mind annual professional development workshop.
5. Provide proper security for the fitness center.
6. Provide appropriate supervision for the fitness center.
7. Enforce proper use of SBSM fitness center. (The purpose of the Sound Body Sound Mind Center is to provide a welcoming and comfortable environment for athletes of all levels. While team members are welcome to use the facilities, the room should not become dominated by Varsity and JV athletes.)
8. Keep a clean room free of trash and dust (dust is a cardio machine's worst nightmare thus, a clean room=better functioning and longer lasting equipment=less maintenance.)

_____ **High School commits to the above guidelines. I understand that if our SBSM Program does not reflect these requirements, maintenance funding will not be provided.**

Principal

Date

SBSM-PE Contact

Date

Please sign and return to: Sound Body Sound Mind
11100 Santa Monica Blvd., Suite 1910
Los Angeles, CA 90025

