

Sound Body Sound Mind Community Fundraiser

Help Our Kids Get Fit at No Cost To You!!!

Details:

Sound Body Sound Mind has recently signed up with Ralphs Community Contribution Program and will receive funding through your purchases at Ralphs Grocery Stores.

What is Sound Body Sound Mind?

Established in 1999 by Bill and Cindy Simon, Sound Body Sound Mind is a comprehensive physical fitness program established to promote self-confidence and healthy lifestyle choices among high school students in the greater Los Angeles area. In partnership with the Los Angeles Unified School District (LAUSD), Sound Body Sound Mind provides each participating high school with \$50,000 of state of the art exercise equipment, funding for professional development, and the necessary tools to monitor student progress at each facility. Sound Body Sound Mind has already been successfully integrated into 36 Los Angeles high schools and is committed on introducing the program into all 100 LAUSD high schools over the course of the next 3 years. For more information visit our website at www.soundbodysoundmind.com or call us at (310) 500-4286.

What You Need To Do:

If you have a Ralphs card, simply sign on to the website listed below and select Sound Body Sound Mind as the 501(c)3 non-profit organization you would like Ralph's to donate. Once signed up, a small percentage of your monthly expenditures at Ralphs will go towards the Sound Body Sound Mind Foundation. The amount Ralphs donates to Sound Body Sound Mind depends on your monthly Ralphs purchases but it will range between 1-4 %; more purchases at Ralphs will increase this percentage number. Although this number appears small, the more card members that sign up, the more funding Sound Body Sound Mind will receive. There is no extra cost to the Ralphs club cardholder (You) as Ralphs donates 100% of the funds. All money donated to Sound Body Sound Mind will go directly towards equipment, supplies, and the necessary tools to help keep our kids fit!

Website:

<http://www5.kroger.com/EnterpriseLoyaltyWeb/crenrollment?divId=703>

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